

Anne Munkenbeck

Sailing has always been an important part of my life. At a young age I crewed on various family owned sloops such as a Flying Scott and Shields and continued as a junior sailor on Long Island Sound racing Moths, Lasers, Blue Jays, Lightnings, Fireballs and Big Boat events. For two summers I coached junior sailors at American Yacht Club and often participated in weekend racing on larger sloops. In high school and college I dabbled a bit in collegiate racing.

When our three children grew old enough to enroll in a sailing program we joined an area club and I joined the junior sailing committee and was the committee chair for three years. Currently I sit on the Board of the Junior Sailing Association of Long Island Sound which is the governing body of junior sailing on the Sound with forty member clubs.

I began racing Ideal 18s thirteen years ago and participate in YRA and Women on the Water events including area team racing. This has resulted in many wins and top finishes as a skipper and crew. I also enjoy crewing on Big Boats throughout the season. In an effort to increase participation and share my love of sailing, I spend much of my free time coaching others from beginners to the advanced racer. I believe it is important to become a well-rounded sailor and learn not only how to sail the boat but also general seamanship, safety, local navigation, etc. Sailing is a sport that can be enjoyed for a lifetime and I look forward to sharing my love of the sport with you.