



2024 OGYC Sail Fleet Coaching Policy

Coaching Policy on the OGYC Sail Fleet:

OGYC sail fleet coaching is available at OGYC for a minimum of 1.5 hours at **\$150** for a private one-on-one coaching with the instructor. Group coaching is available for two sailors per boat at **\$225** for 1.5 hours. Members are responsible for their own pairing. Additional time will be billed at an hourly fee of **\$100/hour** for private coaching and **\$150/hour** for group coaching. A 15% administration fee will be added to cover OGYC administrative processing fees.

A private coaching session accommodates one sailor and the coach in the boat at one time. A group coaching session can accommodate two sailors and the coach in the boat at one time. All participants must wear a USCG approved PFD.

Coaching is available for all levels of sailors, from beginner to advanced racing, spinnaker, rules, tactics, starts, sail trim, etc.

Member pre-requisites include:

- Attending an OGYC low tide tour. These events are noted on the club calendar.
- Attending the OGYC mandatory sailors meeting. These events are noted on the club calendar.
- Review and signoff on the sailfleet use agreement.

Although not a mandatory, it is helpful to have a Connecticut safe boating certificate.

Prior to the session, the OGYC sailing director may review the club database of certification status for compliance with the items noted above. A record of this will also be located in the sailfleet log book for the coach to review.

All sailors must be 18 or over unless the session is a group lesson with a sailor between 12-18 years who must be accompanied by an adult who then becomes responsible for the youth. For a group lesson that includes a child under the age of 18, the child must be accompanied by a parent member who must be sailfleet certified and takes full responsibility for the child at the helm as a certified captain. No more than one child is permitted with one sailfleet certified parent during a group coaching session.

A member can register for a coaching event by going to OGYC.org on the calendar event dates where coaching sessions are scheduled. These events are scheduled at times that do not conflict with other OGYC sanctioned events that includes racing, woman's sailing, and other OGYC education events.

Recommended days for private and group coaching are Tuesdays (12:00 pm – 7:30 pm) and Saturdays (12:00pm - 5:00pm). Times will be adjusted as needed depending on time of sunset and demand for additional time slots. Afternoon and early evening time slots may have better wind options.

Coaching fees will be collected from the member at the time of registration and coaching will be direct billed to any member who reserves this service based upon the number of hours coaching is taking place.



There are no refunds for member “no-shows” so please be on time for your session. In the event of a “no-show” no future events can be scheduled for this member unless an agreement to do so is approved by the sailing coach.

In the event that a member is not able to keep a scheduled appointment, the member is obligated to notify the coach at least 24 hours in advance to cancel by emailing the coach at annemunckenbeck@optonline.net. Any cancellation by the member after this point will result in no credit or refund. Cancellation should occur on the website at least 24 hours before the session. Signup registrations will also be closed 48 hours prior to the session. In the event of inclement weather (storm or high wind, or lack of wind), the coach will contact the participant directly to reschedule.

Club owned boats (Ideal 18 or Mercury) can only be sailed in the weather conditions set forth in the fleet use agreement. In the event that a session is canceled (day of) due to bad weather, the member and the coach will be responsible for re-scheduling the session or, an alternative lesson plan will be available on land. In addition, if it is clear one day in advance that bad weather most likely will force a cancellation of the on the water lesson, there will be an option for an alternative lesson on land but must be confirmed 24 hours in advance.

Reservation and Billing will be managed as follows:

Member registers for event on line using the OGYC club calendar. Payment is then collected on line, no cash payments, only credit card.

Ideal 1 is Reserved for Sail Fleet Coaching Lessons. Prior to departing, members shall note the reservation for Ideal 1 in the sailfleet checkout logbook located in the clubhouse. It is the responsibility of each registrant to sign the boat back in upon return.

At the completion of the lesson, the coach will send the OGYC administrator & copy the OGYC sailing director the number of hours and members name. In the event the session exceeds the original reservation, the coach will note the additional time based on a verbal agreement from the member for the added time either on or off the water and that will be reflected in the invoice(s) sent to the member. ANY disputes shall be resolved between the coach and the member before final invoicing is sent to the club Administrator for member billing.

Rates are set forth by the coach and will be reflected on the registration.

Please complete all parts of the on-line registration. Cell phone shall be added to allow the coach and participant to communicate with each other as it pertains to rescheduling of a registration.



Sail coaching on OGYC member boats:

Sail coaching is also available on member owned boats under the following terms and conditions. Members are 100% responsible for their own boat and mooring including its operation, condition, and associated liability that may occur as a result during the coaching period. OGYC is not responsible for any privately owned boat or mooring during a coaching event as the condition, operations, and liability of the boat, mooring is private and not borne by OGYC. In the event that the member boat does not have sufficient safety equipment on board, the coach reserves the right to cancel the session and bill for whatever time has been spent on the session.

1. The coaching fee is \$100/hour with a 2-hour minimum as big boats take more time to rig, get out and de-rig than club owned sailboats. A 15% administration fee will be added to cover OGYC administrative processing fees.
2. Private boat owners shall contact Anne Munkenbeck (The Coach) directly to set up a mutually agreeable time by sending an email to annemunkenbeck@optonline.net. The coach will then track the hours for the session and obtain owner signoff of the hours charged and will then email those hours to ogycvendorinvoices.com for OGYC to generate an invoice. The club member will then be billed via email for the session by OGYC. Upon receipt of the invoice, the club member shall then pay the invoice on-line directly to OGYC who will then process payment to the coach for their portion of the invoice.

If a participant has flulike symptoms, please test for Covid. If a participant tests positive for Covid, the session will be rescheduled. If the test is negative but symptoms persist, please wear a mask at all times while on the dock, on the launch and on the boat.

If there are any questions on this policy please contact the OGYC sailing & education director at education@ogyc.org or at 203-273-5672.